

Houston ISD School Health Advisory Council (SHAC) Meeting Minutes			
Location:	Hattie Mae White Education Center – Room 3C10/12 and MS Teams		
Date:	October 5, 2023		
Time:	5:30PM – 7:30 PM		
Attendance:	Parents	Community	District
	Rosangella Espinosa Beverly Marlin Lauren Martin Jenny Moreno Michelle Sacks Mindy Wilson Anna Valen	Joe Le Kim Lopez Treva Mott Bola Ositelu Dominique Patterson Anne Van Horn Kyrra Engle	Carla Carter Paula Ceaser Felicia Ceaser-White Nan Cramer Cara Grossman Francina Hollingsworth Amber Jay Angela Rubio Lisa Schneider SGT. Otis Simmons Delia Thibodeaux Gregory Thompson
Guest(s):			
Meeting Call to Order	Time: 5:40 pm	By Whom: Michelle Sacks	

Minutes:

Michelle Sacks opened the meeting and welcomed attendees to the first meeting of the 2023/24 school year. She informed the group the meeting was being recorded. Members were asked to introduce themselves. The minutes were viewed, and Kim Lopez made a motion to approve them and Mindy Wilson Seconded. Michelle reminded the group the October is Domestic Violence Awareness Month. Other members shared that it is also Hispanic Heritage Month, Farm to School Month, Dyslexia Awareness Month, Anti Bullying Month and School Lunch week.

Felicia has been working to update the SHAC Bylaws and asked members to review them and provide feedback before the next meeting. She pointed out the membership needs more parents; Michelle will be rolling off the Chair role since her son will be graduating this year and another parent must take her place. The secretary must be a parent. If any parent wants to join the SHAC they should complete the application on the SHAC website or email Felicia. Since board members typically appoint SHAC member and all the current board members are at-large, Felicia will check on the process. Jenny Moreno suggested recruiting members from PTOs, PTAs, wellness committees at individual schools.

Program Review: Felicia reported the two new organizations are proposing programs for parenting and pregnant teens aftercare; CASA and Blue Moon Health. A program review meeting is scheduled for Wednesday, October 18th from 9 am to noon. Location or virtual will be determined.

School Safety Update: HISD Police Sargent, Otis Simmons is new to the SHAC. He reported that HISD PD is undergoing a massive hiring campaign to comply with a state bill which requires a police officer in every school. To date, high schools and middle schools had officers assign to the campus but now all elementary schools will have a designated officer on campus. Houston Police Officer, Treva Mott, reported that the youth programs are up and running in the schools again. A new program addresses vaping.

Social Media Update: Jenny Moreno reported that there is currently no strategy for using X and Facebook. She would either like someone else to take her place managing social media or assist her.

Nutrition Services Update: Nan Cramer reported that the menus have been updated and include 25 new menu items this year that will be rolled out in the coming weeks and months. All students receive a free breakfast as in years past

and all, but 7 schools receive lunch at no charge for all students. The seven school's free and reduced rates do not allow for the free meals. Nutrition and Culinary education are again available to schools and an Academic Service memo was sent up to inform schools. Mykawa Farm will be hosting field trips starting next week and the schedule is completely booked up to Thanksgiving break. More than 90 school garden champions attended a professional development day hosted by our school garden coordinator.

Health and Medical Services: No member was present to report.

Social and Emotional Learning Update: No member was present to report.

Families and Community Engagement (FACE) Update: In the absence of a representative, Felicia reported the update that was emailed to her to her by Tynise Blackmon. Some campuses have expressed interest in vaping and digital safety workshops facilitated by FACE department. In efforts of making sure that these workshops are the most meaningful, and that families will gain the support they need, the FACE Department has partnered with Crime Stoppers to support hosting these classes. Interested campuses must submit an online request form to Crime Stoppers to secure a time for the presentation. The FACE department is also proud to share they can provide the following SEL/Health based workshops this academic school year for campuses: Investing Thoughtfulness and Kindness - Learn about fostering a caring and empathetic environment at home to nurture your child's character. Work Life Balance - Discover strategies for managing family and work demands while staying connected with your child's education.

Employee Wellness Update: The district has hired a full-time employee wellness coordinator. Wellness Wednesdays provide information for staff at Hattie Mae White Administration Building and the first Friday of each month is a wellness walk. The ROSE will be hosting mobile mammograms again this year. Special attention has been paid to the transportation department through a variety of wellness events.

Health and Physical Education Update: Felicia reported that she is now the only HPE staff member, but she is receiving good support from the lead PE teachers. They are in year 6 of the Centers of Disease Control – Division of Adolescent School Health (CDC_DASH) Grant. 2024 is a School Health Profiles year (Principal and Lead Teacher Survey). Youth Risk Behavior Survey (YRBS) preliminary data for last school year is coming in but unofficial the middle schools data may not be weighted because of low student/school participation. Though the Texas Parks and Wildlife grant, 30 students and parents from Piney Point and Baylor College of Medicine Academy at Rusk went camping. A no-cost-extension was granted to extend the grant through March 1, 2024. There is a plan to apply again October 2024. HPE is partnering with HISD Community Relations and Dow by providing positive programming for girls about health and care during their periods. Care packages are provided to the students. Felicia is preparing for a virtual profession development for October 13. Felicia will be traveling to Washington, DC with representatives of two school who are being honored as Healthiest Schools. The schools are BCMA at Rusk, Madison HS, Red Elementary, and Rucker Elementary.

Community/Parent Sharing: Michelle Sacks reported that the Attorney General's Office is redirecting funds for the primary teen violence prevention program. Funds cannot be used for any programming in schools as of February 2024. The Houston Area Women's Center is trying to determine the best way to reach communities outside of schools. This limitation will be especially difficult in rural communities since the school is often the only connection point for teens.

Meeting Dates: Michelle and Felicia proposed that the meetings be changed from the first Thursday of each month to the first Tuesday of each month to avoid conflicts with the board agenda meetings that are held on the first Thursday of the month. This change will take place in December since the first Tuesday of November is election day. Meetings will be virtual except for on meeting each semester will be in-person. Felicia also proposed not meeting in January because of the winter break schedule. All items will be voted on in the November 2, meeting.

Joe Lee made a motion to adjourn the meeting at 7:08 pm and Angela Rubio seconded.

Action Items	
Topic (s)	Person Responsible

2023-2024 Meeting Dates

Day	Date	Type of Meeting	Time	Location
Thursday	October 5, 2023	General	5:30 p.m.- 7:30 p.m.	HMW-Room-3C10/12
Wednesday	October 18, 2023	Program Review	9am-12 pm	TBA
Thursday	November 2, 2023	General	5:30 p.m.- 7:30 p.m.	TEAMS
Thursday	December 7, 2023	General	5:30 p.m.- 7:30 p.m.	TEAMS
Thursday	February 1, 2024	General	5:30 p.m.- 7:30 p.m.	TEAMS
Thursday	March 7, 2024	General	5:30 p.m.- 7:30 p.m.	TEAMS
Wednesday	March 13, 2024	Program Review	9am-12 pm.	TBA
Thursday	April 4, 2024	General	5:30 p.m.- 7:30 p.m.	TEAMS
Thursday	May 2, 2024	General	5:30 p.m.- 7:30 p.m.	TEAMS
Thursday	June 6, 2024	General	5:30 p.m.- 7:30 p.m.	TEAMS
Wednesday	June 12, 2024	Program Review	9am-12 pm	TBA